# **GYMPIE HOCKEY ACADEMY 2023/2024 Season**

### November 2023

Tuesday 14 <sup>th</sup>	6.00pm-7.00pm	Off-Field Session (zoom) - Induction	Ben Fitzpatrick
Tuesday 21st	6.00pm-7.30pm	On-Field Session – Distribution &	Cooloola Heat
		Receiving Skills	Coaches
Tuesday 28th	6.00pm-7.30pm	On-Field Session – Defensive Skills	Dom Stephens & Brad
			Morgan

# December 2023

Tuesday 5 <sup>th</sup>	6.00pm-7.30pm	On-Field Session – Elimination Skills	Cooloola Heat Coaches
			Codones
Tuesday 12 <sup>th</sup>	6.00pm-7.00pm	Off-Field Session – Goal Setting/Mindset	Corinne Whittaker

### January 2024

Tuesday 30 <sup>th</sup>	5.30pm-7.00pm	On-Field Session - Fitness	Harrison Parker

# February 2024

Tuesday 6 <sup>th</sup>	4.00pm-5.30pm	On-Field Session –	Greg Steele
		Structures/Formations	
Tuesday 13 <sup>th</sup>	4.00pm-5.30pm	On-Field Session – Match Practice	
Tuesday 20th	4.00pm-5.30pm	On-Field Session – Penalty Corner	Nathan Stephens
		Skills	
Saturday 24 <sup>th</sup>		Development Camp – venue to be	
& Sunday		confirmed	
25 <sup>th</sup>			